Division of Services for People with Disabilities (DSPD) Self-Advocate and Family Gathering





February 23, 2021

#### Agenda

- MYSTEPS
- New DSPD Website Resources
- COVID-19 Updates
- Legislative Updates



### **MYSTEPS**



#### New DSPD Website Resources

#### dspd.utah.gov

- Person-Centered Planning webpage
  - Individuals and Families tab> Services> Person-Centered Planning
- Be Informed and Be Involved webpage
  - Individuals and Families tab> Resources> Be Informed and Be Involved
- 2021 Community Inclusion Project webpage
  - Individuals and Families tab> Employment & Community Inclusion> 2021
     Community Inclusion Project

## **COVID-19 Updates**



# COVID-19 Updates: Virtual Visits & PCSP Meetings

- Virtual Visits
  - If you must visit with your Support Coordinator in-person, please follow the <u>"In-Person Visits and Your Health"</u> guidance
- Year extension for PCSPs has been allowed from March 2020 - January 2021



#### COVID-19 Updates: Caregiver Compensation

- Extended through March 31, 2021
  - Individuals currently receiving services who have not used Caregiver Compensation, but meet the criteria, may still apply for this service before the end date

dspd.utah.gov/covid-19-information/





## COVID-19 Updates: DSPD Supports During School Hours

- Supports needed for education purposes should be directed to the individual's Local Education Agency (LEA)
  - Work with the LEA first before utilizing DSPD supports
- The Utah Parent Center (UPC) can help families navigate this process
  - utahparentcenter.org



#### COVID-19 Updates: Wait List C.A.R.E.S.

• Services ended on December 30, 2020

Served 1,472 individuals on the DSPD Wait List





#### COVID-19 Updates: Vaccines

coronavirus.utah.gov/vaccine/

coronavirus.utah.gov/vaccine-distribution/

- Vaccines are currently available to individuals and staff in long-term care settings
  - Individuals served by DSPD in residential settings may fall into this category and should contact their local health department



#### Project Connect: Disability Support Line

**Project Connect:** 

https://thearcca.org/proj

ect-connect/

Utah Mobile Crisis
Outreach Teams (MCOT):
1(800) 273-8255



1(888)847-3209

With all the challenges happening right now it is easy to feel overwhelmed, stressed, anxious, or a lot of other emotions. If you are a person with a disability, a caregiver, family member or provide support services and are struggling, **CALL NOW!** 

Counselors are available 24-hours, 7 days a week.



RESOURCE REFERRALS | ASSESSMENTS
ONGOING WELLNESS CHECKS



#### Focus Group Opportunity

# <u>Utahns Against Hunger and Utah</u> <u>Developmental Disabilities Council Focus</u> <u>Group Opportunity Flyer</u>

- February 22, 2021 from 6 7:30 pm
- Participants must reside 185% below the federal poverty level and have access to Zoom or the phone
- Participants will receive a \$25 gift card
- Email <u>uddc@utah.gov</u> if interested

185 Percent of the Federal Poverty Level	
Household size	Monthly Income
1	\$1,968
2	\$2,658
3	\$3,349
4	\$4,040
5	\$4,730
For each additional family member	+\$691



#### Legislative Updates

- Governor's Budget
  - https://drive.google.com/file/d/1N98r5n-LBWL5UAhojyc7hl7eCkv5WoqX/view
- Limited Supports Waiver (LSW)
  - Public comment: <a href="https://medicaid.utah.gov/ltc/">https://medicaid.utah.gov/ltc/</a>
- Disability Ombudsman Study





#### Self-Advocate and Family Information Gatherings

- February 2021
- Next Gathering: May 2021

dspd.utah.gov/be-informed-and-be-involved/



RESOURCES

Be Informed and Be Involved

Find a Support Coordinator

Find a Provider

Find a Community Engagement Resource

**Emergency Preparedness** 

